



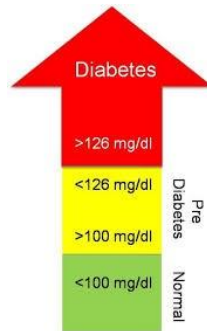
Clackamas Volunteers in Medicine

Free Medical Services for Clackamas County Residents without Access to Healthcare

Pre-diabetic Prevention & Diabetic Education

Clackamas Volunteers in Medicine (CVIM) and Northwest Family Services have teamed up to offer a new Pre-diabetic Prevention series in Spanish starting in September! We have 25 spots available through a special grant. The program includes FREE education and lifestyle coaching & is open to all residents of Clackamas County.

Call to enroll Now: [\(503\) 722-4400](tel:5037224400)



Registration is now open.



Certified Diabetic Educator, Jodi Moon, RD, CDE, has an open **Diabetes Education Support Group** for individuals who want answers to questions about **Diabetes!**

Join this FREE offering!
Second Wednesday from 11:00am – Noon

- Learn new recipes to control blood sugar
- Learn how to measure & record your blood sugar
- Ask any other questions you might have

Schedule your appointment: Call [\(503\) 722-4400](tel:5037224400)

Stretch Your Oregon Trail Card Food Dollars

Eating fresh fruits and vegetables and lean proteins are essential to good health and preventing diabetes and heart disease. Bring your Oregon Trail Card to **the Oregon City Farmers Market** and get \$10 in tokens for fresh foods.

Saturdays, 9:00am to 2:00pm
2051 Kaen Rd. Oregon City, OR 97045

Free Mammograms for Latina Women



Susan G Komen Latina Initiative in Partnership with Northwest Family Services and CVIM are offering free mammograms screening for Latina women. This project benefits Latina women ages 40 to 75 living in Clackamas County who have not had a mammogram in the last four (4) years.

For more information contact:

Zuri Lopez: (503) 309-9365; zlopez@nwfs.org
Olga Rodriguez: (971) 254-0194; orodriguez@nwfs.org

Free Mammograms for Latina Women (continued)

Northwest Family Services

6200 SE King Road, Portland, OR 97222
(503)546-6377 ~ www.nwfs.org

Schedule an Enrollment Appointment: [\(503\) 546-6377](tel:5035466377)

Women's Wellness Program

The Founders Clinic has three volunteer OB/GYN specialist. Schedule your annual Woman's Wellness visit!

Schedule your appointment: Call [\(503\) 722-4400](tel:5037224400)

Free Dental Services Hosted by Compassion Connect Events

On Saturday, May 14, 2016 **Compassion Clinic SW** is sponsoring a free One-Day Health Clinic. Free medical and dental services will be provided. Free lunch and childcare are provided.

Limited time slots available. First come will be first served. Se habla Española.

When? Saturday, May 14th 8AM – 3PM

Where? Wilson High School | 1151 SW Vermont | Portland, OR 97219

For more information: compassionswpdx@gmail.com

On Saturday, June 4, 2016 **Compassion Oregon City** is sponsoring a free One-Day Health Clinic. Free medical and dental services will be provided. Free lunch and childcare are provided.

Limited time slots available. First come will be first served. Se habla Española.

When? Saturday, June 4th 8:00am – 3:00pm

Where? Oregon City Church of the Nazarene
716 Taylor St. Oregon City, OR 97045

For more information call: (503) 656-9444 (English)

Clinics hosted by **Compassion Connect** in collaboration with the churches of Portland and Oregon City.

Emergency Dental Services

The **Clackamas Service Center** hosts a **Mobile Dental Van** providing free emergency extractions and fillings.

Appointments are required. To get days and times of the dental van's availability and to register call (503) 771-7914.

Clackamas Service Center

8800 SE 80th, Portland, OR 97206

(503) 771-7914; connect@cscoregon.org; cscoregon.org